



Parents Meeting

Plano Piranhas

- Mission Statement:
 - The mission of the city of Plano Piranhas swimming team is to provide all Piranhas members and their families a “taste” of competitive swimming. The team will emphasize good leadership, teamwork, sportsmanship and respect toward others in practices and competition.
- Vision:
 - We dedicate ourselves to making the Plano Piranhas Swimming Team a swimming program that will present an introduction to the sport of competitive swimming. Our emphasis will be toward stroke technique and conditioning as well as promoting good sportsmanship and teamwork.



Objectives

- Our team objectives are:
 - To teach, reiterate and instill excellent swimming technique for all swimmers
 - To encourage proper sportsmanship and teamwork
 - To give every swimmer incentives to improve their swimming skills



Practice schedule

- Practices will be held Monday - Friday mornings and afternoons beginning Monday, June 3 and ending Friday, July 19.
- Those that qualify for the state swim meet may register for additional practice July 22 through the state meet.
- There will be no practice on Thursday July 4th.



Practice times

Morning

- 7:00AM Gold
- 8:00AM Gold
- 9:00AM Silver
- 9:50AM Silver
- 10:40AM Bronze

Afternoon

- 1:00PM Silver/Gold
- 2:00PM Silver/Gold
- 3:00PM Bronze/Silver
- 4:00PM Silver
- 5:00PM Gold
- 6:00PM Silver/Gold



Ratio

- **Gold Groups**
 - 65% Conditioning 35% Stroke & Technique
- **Silver Groups**
 - 50% Conditioning 50% Stroke & Technique
- **Blue Groups**
 - 25% Conditioning 75% Stroke & Technique



Swim Meets

- Optional, but encouraged!
- Typically 4-6 hours long
 - Varies due to # swimmers, facility constraints, etc.
- Schedule:
 - June 8th – Allen
 - June 14 – Friday evening @ Oakpoint Rec Center in Plano
 - June 22 – Grand Prairie
 - June 30 – Grand Prairie
 - July 6 - Paris
 - July 13 – Frisco, Tx A Regional Meet
 - July 20 – REST!
 - July 25-28 – State Meet in College Station



Texas Amateur Athletic Federation

- Region VII:
 - Addison
 - Farmers Branch
 - Mesquite
 - Allen
 - Frisco
 - Paris
 - Bonham
 - Garland
 - Plano (3)
 - Carrollton
 - Grand Prairie
 - Rockwall
 - Commerce
 - Irving
 - Rowlett
 - Denison
 - McKinney
 - Lifetime Fitness – **NEW!**
- Age group divisions
 - 6 and under
 - 7 & 8 or 8 & under
 - 9 & 10
 - 11 & 12
 - 13 & 14
 - 15 to 17
 - 18 & up
- All age classifications will be swimmers age as of June 1, 2019



Swim meet items

- Suit, goggles, towels, caps
- Plenty of water and snacks
- \$2 cash entry fee per person (this may also change depending on the meet host)
- Sunscreen for outdoor meets
- Something to keep swimmers occupied between events
- Chairs and/or tents



Swim Meet Terms

- Event:
 - A swimming meet is divided into **events**.
 - A particular race that describes the stroke, distance, age group, and gender.
 - 50 yd Free Boys 13 & 14
 - 50 yd Free Girls 13 & 14
 - 50 yd Free Girls 9 & 10
 - These are three different events
- Heat:
 - An event is divided into **heats**.
 - Heats are determined by the number of entries in an event. That number is divided by the number of lanes used in the swimming pool.
 - Swimmers are then assigned a lane in a specific heat in the specific event for the race.



Circuit Meets

- They are regular season meets and are used to let the swimmers try different events.
- Ribbons are given by the place in every **heat**.
- The entry/admission fee for these meets will be \$2.00 per person (swimmers and spectators).



Circuit meets (Cont)

- Swimmers 10 years and younger may swim a maximum of three events.
- Swimmers 11 – 14 may swim four events.
- Swimmers 15 - 17 years may swim four plus any or all of the mixed relays.
- Adults may swim an unlimited number of events.
- Awards for these meets will be determined by time in every **event**.



Championship Meets

- These will be the final swim meets that our swimmers will participate this summer. There will be three championship meets:
 - Regionals – Saturday, July 13 @Frisco
 - State – Saturday, July 25-28 @College Station
- No more A and B Regionals, just Regionals



The Regional Championship Meet

Past

- A Regionals
 - Required swimmers to have a qualifying time from a circuit meet in order to enter
 - Top swimmers qualified for the State Championship Meet
- B Regionals
 - Swimmers could only enter events in which they did not have a qualifying time for A Regionals
 - Not used to qualify swimmers for state

Present

- One Regional Meet
 - All swimmers of all ages can compete ***in any event for which they have a time for a circuit meet***
 - Still used to qualify swimmers for state (14 & up automatically eligible for state meet)



TAAF State Championship

- July 25th-28th in College Station
- State qualifying swimmers will need to declare their intentions about going to State at the Regional Meet.
- We will be asking all families to decide around July 1st if they are planning to attend the state meet.
- Every swimmer who participates in the state meet must provide his/her own transportation and lodging to the meet and its return.
- There will be at least one coach from Piranhas or Aquaducks to assist and encourage swimmers from both teams

More information can be found at TAAF.com under the Summer Games tab



TAAF Swim Meet Eligibility

- Swimmers age 14 & younger may NOT have competed in a USA swim meet after January 1, 2018.
- Swimmers age 14 & younger may only practice with an organized swim team 90 minutes/week between January 1 and May 1, 2019.
 - Exception: school swim teams or swimming lessons



Parent's Role

- Parents' role at a swim meet:
 - Support
 - for your swimmer(s)
 - for the team
 - Volunteer Worker at our meets
 - Timer (need at least 12 – 14 at a time)
 - Place Judge
 - Ready Bench
 - Awards Table (need at least 6 at a time)



Equipment

- The only required equipment is a one-piece swimsuit.
- Optional equipment includes goggles and a swim cap.
- The Piranhas do have a team suit, cap and shirt but the purchase of all these things are completely optional.



T-Shirts

- Included in price
- Extra shirts will be available for parents and siblings
- We are finalizing the design
- Price for extra shirts and arrival date TBA



Piranhas Swim Caps

Caps are on sale at the front desk.

Price: \$4.00



NEW UNIFORMS! 😊

Dolphin Reliance™ Color Block DBX
Back - Product number 9974C –
Colors black/royal/white (946)



Dolphin Reliance™ Color Block
Jammer - Product number 8974C -
Colors black/royal/white (946)



Frequently Asked Questions

Are the fees monthly, yearly, or per season?

- The Piranhas summer fees are for the entire season which covers June and July.

What is the withdrawal policy?

- The withdrawal policy is the same as for all parks and recreation classes. A swimmer must withdraw before the first practice to receive a full refund.



Other Parents Information

- All Piranhas and families will follow all Pool Rules at TMC outside of practices.
- Swimmers' Health
 - Stay hydrated
 - Get plenty of rest
 - Don't come to practice sick
 - Do not eat at least an hour before practice
 - Swimmers who have had diarrhea in the past 24 hours should not swim.



During and after practice

- If you want to attend public swim or use recreation equipment in the lobby after Piranhas practice, you **MUST** pay a daily fee.
 - Violators will be removed from the building for the remainder of the day. Repeat offenders may be asked to resign from the team.
- Parents – if you want to work out or use the recreation equipment during your child's practice, you **MUST** pay a daily fee or check in with a current membership. You may watch practice from the pool deck for no charge.



Starts & Turns and Stroke Clinics

- \$9/class
- Available for the 7 week summer season (June 9th – July 14th)
- Piranhas Stroke Clinics – Sundays 10:30am
- Piranhas Starts and Turns Clinics – Sundays 11:30am



End of Summer Party

- Friday July 19th, 7pm – 9pm @ TMC's outdoor pools
- Swimmers will be asked to bring snacks/drinks/desserts – more info to come



Contact Information

Piranhas@plano.gov 972-769-4417

Amanda Poland Head Coach Amandapo@plano.gov

Emily Nunn Coordinator Emilyn@plano.gov

Planopiranhas.swimtopia.com



SwimTopia Overview



Questions???

