

Tiger Shark After School Practices

After School swim practices for the 2021 season will begin Monday, May 10th. Afternoon practices during the school year are Monday thru Friday. All practices are held at the [Marina Pool](#) at 180 Island Blvd. Times may be subject to change, with notification through our text reminders. (Send @lostts to 81010 to subscribe to text reminders and team alerts) Remember, we swim in the rain!



Age Group	Monday-Friday
Ages 6 & Under	4:30 – 5:10 PM
Ages 7 & 8	4:30 – 5:10 PM
Ages 9 & 10	5:10 – 5:50 PM
Ages 11 & 12	5:50 – 6:40 PM
Ages 13 & 14 / 15-18	6:40 – 7:40 PM

Tiger Shark Morning Practices

Morning swim practices for the 2021 season will begin Friday, June 4th. Morning practices are held daily except for Tuesdays following a meet. All practices are held at the [Marina Pool](#) at 180 Island Blvd. Times may be subject to change, with notification through our text reminders. (Send @lostts to 81010 to subscribe to text reminders and team alerts) Remember, we swim in the rain!

Age Group	Monday Practice	Tues	Wed-Fri Practices
Ages 6 & Under	9:00 - 9:30 AM	Off	8:15 - 8:55 AM
Ages 7 & 8	9:00 - 9:30 AM	Off	8:15 - 8:55 AM
Ages 9 & 10	9:30 - 10:00 AM	Off	8:55 - 9:35 AM
Ages 11 & 12	10:00 - 10:30 AM	Off	9:35 - 10:30 AM
Ages 13 & 14 / 15 - 18	8:30 - 9:00 AM	Off	7:15 - 8:15 AM

Note: If your child is unable to make a SWIM MEET, it is very important that you let us know in advance. It is difficult to adjust the heat sheets during the meet, and confusing for the swimmers. Please notify us about meet attendance by clicking the "Meet Entry" button for each meet on the season schedule.