Rocky Mountain Swim League Guidelines for Prelims and Finals 2015

The RMSL will hold league championships ("finals") on July 11, 2015. The preliminaries are qualifying meets, separated into age groups and held the preceding week, that determine the top 16 entries for participation in the championship meet.

The championship meet conforms to USS and RMSL championship rules, which differ from the RMSL dual-meet rules in the following aspects:

1. Age up. The "age up" date is June 1, 2015, not the date of the meet. Per RMSL rules:

The legal age of a swimmer as of June 1 of the current season will determine the age group in which he/she will compete for the entire season.

- 2. Qualification. Both the Preliminaries and Finals have qualification requirements:
 - a. Prelims: Each swimmer must have participated (swum) in at least 2 dual meets
 - b. Finals: A swimmer or relay team must place in the top 16 finishers of the Prelim race, without disqualification, to qualify for entry into the Finals.

3. Entries.

- a. Entries are due on Monday, June 29, 2015 NO LATER THAN 4:00 pm via email to Lisa Seaman (contact information below).
- b. A PDF file showing your team's entries will be emailed back to each Parent Rep and to each team's coaches for review for accuracy and completeness. Each team shall have 48 hours to complete a review and request any changes, including adding additional swimmers/relay teams, by email prior to the expiration of the 48-hour review period.
- c. Upon expiration of the 48-hour review period, with the exception of scratches to remove an entry, **no changes are permitted** other than to use Alternates for relays if a primary swimmer scratches.
- d. Swimmers are allowed to swim up one age bracket for "**relays only**". However, they are not allowed to swim the same relay in two age brackets (i.e. only one medley relay and only one free relay). Swimmers are still **NOT** allowed to swim up in individual events; they must stay in their age bracket.
- e. The usual entry limits per swimmer apply (3 individual events + 2 relay events; 5 total)
- f. Please note: the Prelim host teams will print labels and provide deck cards for all swimmers.

4. Alternates.

- a. All relay entries for Prelims should designate 4 alternate swimmers (see attached instructions) who will swim in the event a primary entrant must scratch.
- b. Alternates for one relay team (e.g., "A" relay) can be entered as primary swimmers on another, lower team (e.g., "B" or "C" relay).
- c. The 17th and 18th place finishers in Prelims qualify as Alternates for the Finals, and should attend the Finals meet in the event that one of the top 16 qualifiers scratches. Individual events will have 2 alternate swimmers; relay events will have 2 alternate relay teams (plus the four alternate swimmers for each relay team).

- 5. Finals Heats. Each Finals event is conducted in two heats: Championship, and Consolation. Finish places 1-8 are awarded within the Championship heat, and finish places 9-16 are awarded within the Consolation heat, *regardless of results times across heats*. A swimmer in the Consolation heat cannot place higher than 9th.
- 6. Trophies. League trophies will be awarded to teams by gender for each age group. Trophies for 6 & under will be awarded separately from 8 & U; 6 & U swimmers will be excluded when computing trophy points for 8 & U.

When creating entries in Swimtopia, please make sure all entries are on ONE FILE. We will not accept 4 entry files.

Submit entries and roster files via email to lisa_seaman@comcast.net by June 29, 2015 NO LATER THAN 4:00pm.

1. The complete RMSL computer handbook is online at http://www.rmsl.org. Questions or problems, call Lisa Seaman at 303-523-7434.