

# ZST April 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>
<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>	<i>20</i>
<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>
<i>28</i> <i>ZST Kick off</i> <i>3:30pm</i>	<i>29</i>	<i>30</i>				

# ZST May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11 North Hills Club, Starter's C 7:30 - 9am S&T C: 9:30 -11am Coaches' Clinic- 11:30 am - 12:30 pm
12	13	14	15	16	17	18
19	20 <i>New Swimmer Practice 6:15-7pm 7-8 pm</i>	21 <b>S&amp;TC North Hills</b> <b>7pm</b> <i>PM Practice 6:15-7pm 6 &amp; Under 7-8 pm ages 7-10 8-9pm ages 11 &amp; up</i>	22 <b>S&amp;T C Lochmere Highlands Clubhouse</b> <i>PM Practice 6:15-7pm 6 &amp; Under 7-8 pm ages 7-10 8-9pm ages 11 &amp; up</i>	23 <b>S&amp;T C Scotts Mill</b> <i>PM Practice 6:15-7pm 6 &amp; Under 7-8 pm ages 7-10 8-9pm ages 11 &amp; up</i>  <b>Swim Suit Fitting 6:30-8pm</b>	24	25
26	27 <i>Happy Memorial Day</i>	28 <b>S&amp;T C Planters</b> <b>Walk</b> <i>PM Practice 6:15-7pm 6 &amp; Under 7-8 pm ages 7-10 8-9pm ages 11 &amp; up</i>	29 <i>PM Practice 6:15-7pm 6 &amp; Under 7-8 pm ages 7-10 8-9pm ages 11 &amp; up</i>	30 <b>S&amp;T C University Club</b> <i>5:45pm</i> <b>Mock Meet Weaver's Pond</b>	31 <i>PM Practice 6:15-7pm 6 &amp; Under 7-8 pm ages 7-10 8-9pm ages 11 &amp; up</i>	

# ZST June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>PM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	4 <i>PM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	5 <i>PM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	6 <i>PM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	7 <i>PM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	8 Cary Park Swim Club Starter's C 7:30 - 9am S&T C: 9:30 - 11am Coaches' C 11:30 am - 12:30 pm
9	10 <i>PM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	11 S <b>5:15pm</b> <b>Lifetime Fitness</b> <b>AWAY</b>	12 <b>NO AM Practice</b> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	13 <i>AM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	14 <i>AM Practice</i>	15
16	17 <i>AM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	18 <b>5:15pm</b> <b>Jewish Community</b> <b>Center</b> <b>AWAY</b>	19 <b>NO AM Practice</b> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	20 <i>AM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up <b>Swim Team Pics 6pm</b>	21 <i>AM Practice</i>	22
23	24 <i>AM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	25 <b>4:45pm</b> <b>Planter's Walk</b> <b>HOME</b>	26 <b>NO AM Practice</b> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	27 <i>AM Practice</i> 6:15-7pm 6 & Under 7-8 pm ages 7-10 8-9pm ages 11 & up	28 <i>AM Practice</i>	29
30						

# ZST July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> <i>AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<i>2</i> <b>4:45pm</b> <b>Crabtree</b> <b>HOME</b>	<i>3</i> <i>NO AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<i>4</i> <i>Happy July 4th</i>	<i>5</i> <i>AM Practice</i>	<i>6</i>
<i>7</i>	<i>8</i> <i>AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<i>9</i> <b>5:15pm</b> <b>Southhall</b> <b>AWAY</b>	<i>10</i> <i>NO AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<b>11 TSA meet DUE</b> <i>AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<i>12</i> <i>AM Practice</i>	<i>13</i>
<i>14</i>	<i>15</i> <i>AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<i>16</i> <b>4:45pm</b> <b>Raleigh Racquet</b> <b>HOME</b>	<i>17</i> <i>NO AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<i>18</i> <i>AM Practice</i> <i>6:15-7pm 6 &amp; Under</i> <i>7-8 pm ages 7-10</i> <i>8-9pm ages 11 &amp; up</i>	<i>19</i> <i>AM Practice</i>	<i>20</i>
<i>21</i> <i>TSA Swim Meet</i>	<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>
<i>28</i> <i>ZST Awards</i> <i>Event</i>	<i>29</i>	<i>30</i>	<i>31</i>			