

# ZEBULON DOLPHINS SWIM TEAM

## WELCOME SWIMMERS AND PARENTS

**Thank you for your interest in the Zebulon Dolphins Swim Team!**

Our team is a member of the Tarheel Swimming Association (TSA), [www.tsanc.org](http://www.tsanc.org).

We are a merged team of swimmers from the Zebulon Country Club (ZCC), and Weavers' Pond subdivision. We are a completely separate 501C3 non-profit financial group from the listed swimming pools and are funded by dues and fundraising. **TSA rules require membership** at one of the listed pools to swim on the Zebulon Swim Team.

**Registration fee = \$110 per swimmer**, and includes: practices (50+), meets (6), swim cap, trophy, ribbons and team t- shirt. All fees are **due in full** by the first Friday of practice, **May 24, 2019**.

(A \$25 processing fee is charged if a swimmer withdraws from the team on or after June 1<sup>st</sup>)

Each swimmer will need to **purchase a team swim suit and a pair of quality goggles**, both of which are available at swimming supply stores and will be available at our team's **swim suit fitting in May**.

**ALL communications to the team should be emailed to [zstdolphins@gmail.com](mailto:zstdolphins@gmail.com) or delivered to a committee member or coach directly. All registrations go through our website, [zebulonswimteam.swimtopia.com](http://zebulonswimteam.swimtopia.com). You **MUST** register your swimmer(s) through the website starting April 28<sup>th</sup>. **Payment, cash/check** (made out to Zebulon Swim Team) **or credit card, is paid in person ALONG WITH your "Completed ZST Packet"** to board members (listed below). **Your swimmer(s) team fee can be covered by acquiring a Corporate Sponsorship of \$300 or above.****

**We swim 6 regular season meets - 3 Home & 3 Away ALL are run by PARENTS!**

Most meet positions are simple, but all are important and must be filled in order to have the meet. For both home and away meets, we must have a Clerk of Course, a Scorer, a Timer, Kid Pusher(s), Runner(s), a Ribbon Writer & Place Judges. For Home meets we also need a Recorder, people to write Heat Ribbons and people to run Concessions. **Two jobs require you to attend a TSA clinic\*, *Stroke and Turn Judge and Starter/Announcer***. We must have at least 1 person trained in these jobs each year!

All Parents that volunteer are asked to complete Safe Sport Training which is a **free online course** that takes **~30 min**. You can find the Safe Sport Training at: [learn.usaswimming.org](http://learn.usaswimming.org).

**Practices start Monday, May 20<sup>th</sup> for new swimmers & Tuesday May 21<sup>st</sup> for those returning.**

All practices will be at the ZCC pool.

Six and Under 6:15pm – 7:00pm

Ages 7-10 7:00am – 8:00pm

Ages 11 & Up 8:00pm – 9:00pm

Morning practices start **Thursday, June 13<sup>th</sup>** and run from 7:45-8:45am through the end of the season

**(Pending parent approval at kickoff meeting)**

**Meets are on consecutive Tuesdays: June 11<sup>th</sup> – July 16<sup>th</sup> There will be a TSA Championship Meet on July 20-21<sup>st</sup> for swimmers who are invited to attend.**

**Home** meets are at **Weavers Pond Pool** off Pippin Rd. **Away** meets will be in the Raleigh area against TSA Southern League opponents.

**Coaches:** Braham Glasgow- Head Coach and Isabella (Bella) Leahy - Assistant Coach

**ZST Board Members:** Barnanne Creech,

Tina Pendleton, & Michelle Pait. Forrest "Chip" Schwengels, George Bulgin & Sam Wood

Questions? Contact [Bwcreech@icloud.com](mailto:Bwcreech@icloud.com) or call 919 291 9288

**Kick off meeting Sunday April 28<sup>th</sup> 3:30-4:30pm @ Zebulon Parks and Recreation Shelter /  
Wakelon Elem beside Weaver's Pond**

