



THE CLUB AT UK'S  
SPINDLETOP HALL

# 2023 Outdoor Activities Guide



**Barracudas 2022 Swim and Dive Teams**

**This Guide Includes Fun Activities  
For All Ages!**

**Not a Member?**

Please call **859-255-2777**  
or email [membership@spindletophall.org](mailto:membership@spindletophall.org)  
for an application and information.

Also, visit our website at [www.spindletophall.org](http://www.spindletophall.org)

[www.spindletophall.org](http://www.spindletophall.org) / 859-255-2777

# 2023 OUTDOOR ACTIVITIES GUIDE

## The Club at UK's Spindletop Hall

offers a wide variety of recreational and leisure activities including swimming, tennis, pickleball, volleyball, private access to the Legacy Trail and many outdoor Club events.

Inside this 2023 Outdoor Activity Guide you will find information on family programming including private swimming, diving and tennis lessons, swim team, dive team and tennis team information, children's AllSports Camps, as well as guest policies, outdoor rental space, hours of operation, and much more! Hang out at the Tiki Bar & Grill or enjoy Alfresco Dining on Roxie's Veranda.

We have it all for you here at your Club! There are activities and events for all ages.

**859-255-2777**  
**[www.spindletophall.org](http://www.spindletophall.org)**



## Table of Contents

### Outdoor Dining Guide

Cuda Cove .....	3
Tiki Bar & Grill .....	3
Roxie's Veranda .....	3

### The Pools

Family and Baby Pool Hours .....	4
Lane and Dive Pool Hours .....	5

### Pool Rules and Regulations

Guest Information .....	6
Pool Rules .....	6

### AllSports Camps

Camp Dates and Information .....	7
----------------------------------	---

### Tennis

Your Tennis Professional .....	8
Tennis Special Events .....	8
Hoppe Hut .....	8
Adult Tennis Programs .....	9
Summer Junior Tennis Programs .....	9
Private Tennis Lessons .....	9
Blaze Tennis Camp .....	9

### Meet the Barracuda Coaches

Swim Coaches .....	10
Dive Coaches .....	11

### Swimming and Diving

Barracudas Swim & Dive Team .....	12
Fees and Practice Times .....	12
Swimming Mini Cudas Program .....	13
Diving Mini Cudas Program .....	13
CKSDC Championship Meet Schedule .....	13
Private Swim & Dive Lessons .....	14
Dive Clinic .....	14
Swim & Dive Team Events .....	14

### Outdoor Club Events

Summer Outdoor Events .....	15
-----------------------------	----

### Private and Special Parties

Picnic Area Rental Rates .....	16
Tiki Bar & Grill Rental .....	17
Family Pool Rental .....	17

### Additional Club Activities

Pickleball .....	18
Water Aerobics .....	18
Basketball, Volleyball .....	18
Bike Rental .....	18
Biking and Running .....	18
Children's Playground .....	18
Cornhole .....	18

### Your Map to Outdoor Fun

Recreational & Facilities Director .....	19
Aerial map .....	19

# OUTDOOR DINING GUIDE



## Cuda Cove

Located directly adjacent to the basketball court and close to the pools, the Cuda Cove is open daily and a favorite place for kids to hang out during their summer days by the pool. This is a great place for fun and games and to choose items from the kid friendly menu.

**Preview Weekend:** May 20 and 21

**Opens for the Season:** May 27

**Closes for the Season:** August 6

**Opens:** Monday through Saturday, May 27 through July 12: 10 am - 7 pm

**Opens:** Monday through Saturday, July 13 through August 6: 11 am - 7 pm

**Opens Sundays:** 12 pm - 7 pm

## Roxie's Menu

Take out is available from Roxie's when the Tiki Bar & Grill is not open. Menus will be in the Tiki area or can be viewed online at [www.spindletophall.org](http://www.spindletophall.org). We have updated Wi-Fi in the pool area. Call 859-255-2777 and a server will take your order.



## Tiki Bar & Grill

The Tiki Bar & Grill provides Members a great escape! Outdoor dining, specialty drinks, and food fresh from the grill make this the place to be for great summer fun. Members relax and enjoy music and the barefoot lifestyle while being transported away from the stresses of the day.

**Preview Weekend:**

Saturday, May 20: 11 am to 8 pm

Sunday, May 21: 11 am to 7 pm

**Opens for the Season:**

May 27 through October 1

Friday, Saturday, Holidays:

11 am to 8 pm

Sunday: 11 am to 7 pm

**After Labor Day:**

Sept. 9, 10, 16, 17, 23, 24, 30; Oct. 1  
(weather permitting)

**IN ADDITION:**

**Wednesday Home Swim Meets:**

2 pm to 8 pm: May 31, June 21, 28

**Central KY Swim & Dive Conference:**

July 9 - 12

7 am to end of Meet each day

## Roxie's Veranda

For incredible outdoor dining, the Veranda at Roxie's will be **open**:

**May:** Wed. - Sun. / 11 am to 8 pm

**June/July/August:** Tues. - Sun.  
11 am to 9 pm

**September:** Thurs. - Sun. / 11 am to 8 pm

# THE POOLS

## Pool Hours

Preview weekend: **Saturday May 20: 11 am to 9 pm**

**Sunday May 21: 11 am to 7 pm**

Regular pool hours resume on **May 27** and remain open through **August 15**.

Reduced hours begin when area schools are back in session from **August 16 through September 4**. Weather permitting, the pools will be open **September 9, 10, 16, 17, 23, 24, 30** and **October 1**.

**Lane Pool:** 8 Lane, 25-meter Competition Pool

**Separate Diving Well:** 52'x 46' with two 1-meter Duraplex Diving Boards

**Family Pool:** 35'x 75' and 4' to 5' deep

**Baby Pool:** 60' x 24' and 8" to 24" deep

*The Lane & Dive Pools and Family Pool are heated to over 80 degrees.*

**Members and their guests must check in at the Kiosk upon arrival. Coolers are not permitted in the pool areas.** Picnic tables are available when you bring your own food. Alcoholic beverages are not permitted at the pools or on the grounds unless purchased from The Club at UK's Spindletop Hall.



### FAMILY POOL\*

**May 27 – August 15**

**Aug. 16 – Sept. 4**

**Monday-Sunday/Holidays**

10 am - 8 pm

TBD

\*Available for private rental in the evenings after 7 pm except Holidays.

\*Will be open 10 am - 9 pm on July 9, 10, 11, 12 during CKSDC Championship Meet .

### Baby Pool

**May 27 – Aug. 15**

**Monday-Thursday** 10 am - 9 pm

**Friday - Sunday** 10 am - 9 pm

**Holidays** 10 am - 9 pm

**Aug. 16 – Sept. 4**

**Monday-Thursday** TBD

**Friday - Sunday** TBD

**Holidays** TBD



## Lane Pool\*

	May 27 – July 9	July 10-12	July 13 – Aug. 15	Aug. 16 – Sept. 4
<b>Mon. – Thurs.</b>	12 pm - 9 pm	Closed	12 pm - 9 pm	TBD
<b>Fri., Sat.</b>	12 pm - 9 pm		12 pm - 9 pm	TBD
<b>Sunday</b>	11 am - 9 pm		12 pm - 9 pm	TBD
<b>Holidays</b>	10 am - 9 pm			TBD

## Adult Lap Swim

The lane pool is open for adult lap swimming or walking at the following times. There will be a lifeguard. Children are not allowed in the pool area during these times. There will be at least one or two adult lanes available during swim team season. No adult lanes available during CKSDC.

### May 27 - August 15

10 am - 12 pm

### August 16 - September 4

TBD

## Senior Swim

Some of the pool lanes will be available for Seniors only, from 5 pm – 6 pm, Monday through Friday.

## Dive Well\*

	May 27 – July 8	July 9 -12*	July 13 – Aug. 15	Aug. 16 – Sept. 4
<b>Mon. – Thurs.</b>	12:30 pm - 9 pm	Closed	12 pm - 9 pm	TBD
<b>Friday</b>	12:30 pm - 9 pm		12 pm - 9 pm	TBD
<b>Saturday</b>	12:30 pm - 9 pm	12:30 pm - 4 pm	12 pm - 9 pm	TBD
<b>Sunday</b>	12 pm - 9 pm	Closed	12 pm - 9 pm	TBD
<b>Holidays</b>	10 am - 9 pm		10 am - 9 pm	TBD

\* Lane and Dive Pools are closed for Home Meets June 1, 8, 29; July 10 - 13 for CKSDC Championship Meet. The Family Pool is open during these times.



# POOL RULES AND REGULATIONS

## GUESTS\*

**Monday through Thursday, \$5; Friday Through Sunday and Holidays, \$10**

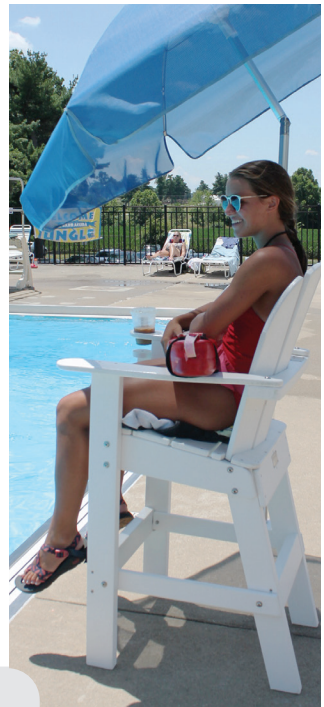
- All Guests must be accompanied by a "Sponsoring Member".
- Guests who reside in Fayette County or contiguous counties may use the club outdoor facilities no more than two (2) days per month with a maximum of six (6) days in one calendar year.
- Guests who reside outside of Fayette County or any contiguous County may use the outdoor facilities of the Club as Guests of a Sponsoring Member of the Club up to a total of twelve (12) days per calendar year.



Full Version of Guest Policies can be read on your Club's website at [www.spindletophall.org](http://www.spindletophall.org)

## Universal Rules

- Spindletop Aquatics Staff has complete authority on all activities in the swim facility.
- Lifeguards are here to enforce pool rules and ensure a safe environment
- Although Lifeguards are on duty, parents are ultimately responsible for the supervision and welfare of their children at all times.
- Swim diapers are required by children not yet potty trained.
- No running, pushing, horseplay or boisterous behaviors are allowed at any time.
- Lightening and severe weather procedures will be posted and followed.
- Soft larger Nerf type balls may be allowed except in the Diving Well.
- Rafts are not permitted in the pool except during adult swim periods. Periods of raft usage may be extended by the Aquatics Manager in designated areas.
- Loud music is prohibited. No profanity, yelling or screaming is allowed.
- During adult swim periods only adults 16 years and older, and parents with 1 child 4 years or younger are allowed to swim.
- No chicken fights or standing on each other's shoulders.
- No hanging or sitting on the ropes or the lane lines.



## Family Pool

- No diving.
- Feet first only sliding down the slide.
- Noodles and Noodle Chairs are acceptable.
- Only one person is permitted on each slide at one time.

## Lap Pool

- Lap lanes are available on a first come, first serve basis during regular pool hours.
- No diving.
- Noodles and Noodle Chairs are acceptable.

## Baby Pool

- Only children 6 years or younger are allowed in the baby pool and must have adult supervision.
- Swim diapers are required for children 3 years old and younger.

## Dive Pool

- Only one person is permitted on each diving board at one time.
- One bounce or competitive hurdle on the board(s) is allowed.
- No goggles can be worn when going off the board(s).
- Parents are not allowed to catch children jumping off the diving board(s) without permission from the Lifeguard.
- Divers must swim directly to the ladder.
- No flotation devices, toys or balls are allowed in the Diving Well. Soft toys are permitted in the swimming area of the pool.
- No one may dive off the diving board(s) while any person is in the landing area.

# SPINDLETOP ALLSPORTS CAMPS

The Spindletop AllSports Camps offer an action-packed adventure in sports. Swimming, tennis, volleyball, frisbee golf, basketball, archery, pickleball and soccer are some of the sports on the schedule. Downtime activities such as crafts and free swim break up the day, especially if it is hot. The camp is geared for children, ages 6-13, looking for experience in a wide variety of sports and activities.

**Camp Dates:** June 19-23, June 26-30, July 17-21, July 24-28, July 31-August 4

**Hours:** 9:00 am - 4:30 pm

**Cost:** *\$205 per child per week / Non-Members \$275 per child*

Early drop off 8 am to 9 am and late pick up 4:30 pm to 5:30 pm options are available for working parents. **\$15 per camper, \$10 each additional child**

## Counselor in Training, Age 14-15

An opportunity for older youth interested in learning leadership and counseling skills. These young people will work alongside older counselors in teaching sports and activity skills each week of camp throughout the summer: Limit of 1-3 CIT's per week

**Cost:** *\$205 per week /Non-Member \$275*

Lunch, snacks and a t-shirt are provided. During Barracuda season, swim/dive practice and team activities are part of the camp schedule if you are a team member.

**To register,** login to the website at [www.spindletophall.org](http://www.spindletophall.org) and click on *Summer Camp* on the white bar above the photo of the house. **Non-Members** can register on the public side of the website.





## Your Club's Professional Tennis Coach Jonathan Thompson

[jthompson@spindletophall.org](mailto:jthompson@spindletophall.org)

Jonathan graduated from the University of Kentucky where he was active with the tennis programs from 1997-2005. He coached with both the men's and women's tennis teams including the 2005 women's SEC Championship. He coached Jesse Witten for many years during which Witten played in all four grand slams, including qualifying in the U.S. Open, French Open, and Wimbledon. In 2009 Witten won 5 matches in a row to reach the 3rd round of the U.S. Open where he lost a close match to Novak Djokovic in 4 sets. Jonathan has also worked with multiple junior players who have been ranked #1 in their age group in the USTA rankings, as well as other pros including players inside the top 10 in the world in doubles. During the last few years he has coached all age groups, including Eric Quigley the UK all American. Jonathan has also had an ATP World doubles ranking as a player. Jonathan and his wife, Karrie, have four children - Zachary 16, Luke 14, Hannah 12 and Joshua 9. Jonathan has been coaching at Spindletop since 2017.

## Tennis Special Events

NEW PLAYERS WELCOME

**Carl Hoppe Doubles Mixer:** May 27  
**Adults \$25++; Children 3-11, \$18++**

On the Courts: 3 pm - 5 pm

Cocktails: 5 pm - 6 pm

Dinner: 6 pm Steak & Chicken

**Griggs and Farrell Memorial:** June 24  
**Adults \$20++; Children 3-11, \$14++**

On the Courts: 5 pm - 7 pm

Cocktails: 7 pm

Dinner: 7 pm Fajitas & Tacos

**Big Blue Tennis Day:** July 15  
**Adults \$20++; Children 3-11, \$14++**

On the Courts: 9 am - 11 am

Brunch: 11 am Hamburgers & Hot Dogs

### Ladies' Member-Guest Tennis Luncheons

June 6, 22, July 11, 27 and  
August 8, 24

12:00 pm on the Veranda. Members and guests will pre-order Roxie's lunch with the tennis pro.



## The Hoppe Hut

The Hoppe Hut is staffed during all programmed activities. If you need to reach Jonathan or the staff outside of these times, please call the Hoppe Hut and leave a voice message. Your call will be returned promptly. **859-252-0478**  
**(Guest fees per visit are \$5 per guest)**

## Adult Tennis

### Drill and Play Night

Sundays: May 21 through the season, weather dependent, 5:00 pm

**\$10 per session / \$75 per season**

Players of all skill levels are welcome. Activities will vary between hitting drills, rallying, and point playing, depending on the player's preference. The pros will also be available to help with technique and strategy.

### Men's Night

Tuesdays: May 23 - August 29, 5:30 pm

Round-robin doubles with different partners. **\$35 per season**



### Ladies' Day Tennis

Tuesdays and Thursdays:  
May 30 - August 31, 9 am

**\$12 per day or \$85 for the season**

Round-robin doubles with a different partner each round. Fruit and iced tea are available at the Hoppe Hut between rounds. Ladies gather in Roxie's for lunch on the second Tuesday and fourth Thursday.

### Friday Night Mixer

Second and fourth Fridays starting June 9, 6:00 pm. Mixed doubles, round-robin and no partner needed. Once a month there will be a special theme night.

**\$5 per person / \$8 per couple**

## Private Tennis Lessons

- Individual with Jonathan, **\$60** for one hour or **\$30** for 1/2 hour
- Hitting drills and rally practice with Jonathan will be **\$60** for one hour.
- Group lessons can also be arranged.

If you have any questions or would like to schedule a lesson or hitting and practice session, please contact Jonathan at [jthompson@spindletophall.org](mailto:jthompson@spindletophall.org)

## Summer Junior Tennis

### Lessons\*

Monday and Friday

**Session 1:** June 5 - June 30 **\$130/player**

**Session 2:** July 3 - July 28 **\$130/player**

Ages 9 & 10: 8:30 am - 9:30 am

Ages 8 & under: 9:30 am - 10:30 am

Ages 11 & up: 11:30 am - 12:30 pm

### Competition Clinic

Monday and Friday

**Session 1:** June 5- June 30 **\$160 /player**

**Session 2:** July 3 - July 28 **\$160/player**

1:00 pm - 2:30 pm

**\*August 1 to August 5 will be the makeup week.**

## Blaze Tennis Camp

June 19 - June 23

Monday through Friday

**9 am - 12 pm** Tennis

**12 pm - 2 pm** Lunch, Swimming, Activities

**2 pm - 4 pm** Tennis

**Members: \$280 / Non-Members \$310**

Fine tune your skills with coaches who have worked with players of every skill level including the pros! Players will be practicing all the different facets of the game from on court drilling to live match play and everything in between. This camp is for players who already know how to play and are competing in some tournaments. Space is limited.

Drop off time begins at 8:30 am, and pickup time will be by 4:30 pm each day. Lunch and snacks are provided. **Please let us know in advance about food allergies.** Please let us know in advance if you need other accommodations.

**To register, log in to the website and click on Tennis on the top banner, click on Junior Tennis and you will see how to register for lessons and the camp.**

**Non-Members** can register for the camp on the public side of the website.

# MEET THE BARRACUDA COACHES

## Swim Coaches

### **ASHA REED** HEAD SWIM COACH ([areed@spindletophall.org](mailto:areed@spindletophall.org))



Asha is excited to be returning for her sixth season at Spindletop, her first as Head Swim Coach. She has BA in Economics and in Political Science from Western Kentucky University. She graduated in 2020 Summa Cum Laude, Scholar of the College for the Gordon Ford College of Business and the Potter College of Arts and Letters. Asha was also a graduate of the Mahurin Honors College. She grew up swimming, first for the Georgetown Stingrays, the GSCS Sharks, Spindletop Barracudas, and Scott County High School.

She has been involved in coaching since high school. During her Junior and Senior years of high school she assisted in coaching younger swimmers on the GSCS Sharks. Starting in 2018, she came home from college to coach Spindletop each summer. Eventually, she just couldn't get enough and began coaching during the college school year as well. While in Bowling Green she coached at RACE Aquatics and for the Warren County High School Swimming program. She had to defer studying law during COVID and decided to pursue her passion of coaching full-time becoming the Head Age Group Coach of the GSCS Sharks in 2021. This year she also became the Head Coach of the Great Crossing High School Swim Team and Assistant Coach of the Scott County High School Swim Team. Asha is married to Jordan and they have a dog named Andy.



### **Maya Jazdzewski** Assistant Swim Coach

Maya is a current law student at Stetson University College of law. She has been a member of the Spindletop swim and dive team since the age of 9. This is her fifth summer as assistant swim coach. She swam for Lexington Catholic in middle school and competed in track and field at Transylvania University. Her favorite stroke is breaststroke and her favorite event is medley relay. She is very excited to be back at Spindletop this summer and is looking forward to a great season! ([minicudas@spindletophall.org](mailto:minicudas@spindletophall.org))



### **Riette Bloomfield** Assistant Swim Coach

Riette will graduate from Midway University with Bachelor's degrees in Business Administration and Sports Management in May of 2024. She swam for Spindletop, Scott County High School, Georgetown Scott County Sharks and Lexington Dolphins totaling thirteen years. Riette's best events were the 200 freestyle and the 100 butterfly, but she also enjoyed the 200 butterfly. She is so excited to coach the Barracudas for a second year and work alongside the other coaches this summer! Go CUDAS! ([swimlessons@spindletophall.org](mailto:swimlessons@spindletophall.org))



### **Camden Barnes** Assistant Swim Coach

Camden's favorite hobby is disc golf and he currently plays on the University of Kentucky's team. He is a student at the University of Kentucky studying middle level education in the math and science fields. Camden swam for the Georgetown Super Sharks and the Spindletop Barracudas from 2009-2022, and Lexington Catholic High School from 2018-2022. His favorite stroke is the backstroke.



### **Avery Locke** Assistant Swim Coach

Avery is currently a part of the interior design program at Texas Christian University. She is a member of the Alpha Delta Pi sorority and TCU's club swim team. She swam for Kentucky Aquatics for 6 years, where she was a state championship qualifier. During her junior and senior years at Lexington Catholic High School, she was part of the swim team and served as team captain in her senior year. She is looking forward to coaching the Barracuda Swim team after spending 10 memorable years competing on it. Her favorite strokes are freestyle and backstroke. The Cuda Spirit has been a great part of her life, so she is excited to share it with you this summer as a coach!

# MEET THE BARRACUDA COACHES

## Dive Coaches

### **JAMIE PALUMBO** HEAD DIVE COACH ([jpalumbo@spindletophall.org](mailto:jpalumbo@spindletophall.org))



Jamie grew up diving at Lexington Country Club and then dove for Mike and Emily Lyden in high school at the Kentucky Diving Club. This will be his 27th summer coaching in the conference and his 17th at Spindletop. Since coming to Spindletop, the dive team has won the Conference Championships 13 times out of 15, and a very close 2nd place the other 2 years (not including the virtual Conference of 2020). He coached Woodford County High School 2002-2009 (where the Dive team was undefeated at the Regional Championships) and is currently the high school coach for Bryan Station, Great Crossing, Lexington Catholic, Madison Central, Sayre, and Scott County.

Jamie always sends divers to the KHSAA State Championships, many who qualify to finals. Jamie started coaching USA diving under Mike Lyden and then under Ted Hautau at the Kentucky Diving Club. Jamie is a KHSAA certified Swimming/ Diving Official and was the KHSAA Region 3 Diving Referee 2003-2012. Jamie was one of the first Members of the Board of Directors for the Central Kentucky Swim and Dive Conference, is currently the Dive Director for the conference as well as on the State Swimming and Diving Advisory Committee for the KHSAA. He was voted KHSAA Region 3 Dive Coach of the year for 2003 through 2009 and 2015 as well as the KHSAA Region 8 Dive Coach of the Year for 2016, 2017 and 2018. He has also been voted the 2009, 2010, 2011, 2012, 2014 and 2015 KHSAA Outstanding Girls Dive Coach as well as the 2011, 2012 and 2018 KHSAA Outstanding Boys Dive Coach for the State of Kentucky. Jamie can't wait to be back with his CUDA family!!!



### **Kyndal Knight** Assistant Dive Coach ([kyndalknight@gmail.com](mailto:kyndalknight@gmail.com))

Kyndal grew up competing in gymnastics, dance, and swimming in North Carolina. She began diving in 2016. Kyndal attends the University of Kentucky and dives with coach Ted Hautau. She graduated with a degree in Marketing and Management, and is currently working on her Masters degree in Marketing. Kyndal has made the SEC Academic Honor Roll the past

4 years. Kyndal collaborates with FL1P Athletic's and even has her own collection through the company (<https://fl1pathletic.com/product-tag/kyndal-collection/>). In February 2020, Kyndal won a gold medal at the SEC Championships on 3 meter springboard and qualified for the 2020 Summer Olympic Diving Trials. She competed in the U.S. Olympic trials in 2021 and placed 13th in the country. Kyndal is a 4x All-SEC First Team member. In 2021, she earned a bronze medal on platform at the SEC Championships, and also competed in the 2021 Winter Nationals placing 4th on 3-meter springboard and 5th on 1-meter springboard. Kyndal got a bronze medal on both 1-meter and platform at the 2022 SEC Championships, and a silver medal on platform in the 2023 SEC Championships. Kyndal is a member of the USA Diving Tier Team and competes for the USA. She spent many years coaching a summer league swim team in North Carolina before coaching the Conference Championship winning CUDA dive team for the first time in 2021. Kyndal is so excited to be back this year at Spindletop!



### **Julia Vincent** Assistant Dive Coach ([julesvincent10@outlook.com](mailto:julesvincent10@outlook.com))

Julia Vincent is a two-time Olympic diver for South Africa. Julia moved from her small country of South Africa in 2014 to the US to attend the University of South Carolina where she earned her Bachelor's and Master's degree. In December of 2021, Julia moved to Kentucky where she now coaches the competitive team for Kentucky Dive

Club while she continues to pursue her own career. She has competed at the highest level in sports and has been coaching athletes of all ages and levels for 13+ years. Throughout her time coaching she has learned the importance of laying a strong foundation of skills in the initial phases of this sport. Julia adores working with children and is passionate about helping each child to reach their fullest potential in the sport of diving. She is ecstatic about getting started here at Spindletop!

# SWIMMING & DIVING

## Championship Barracudas Swim & Dive Team

The Barracuda's Swim and Dive team is not only a competitive athletic program, but an opportunity to experience a fun summer spent outdoors, while building memories that will last a lifetime. Thus, whether you're a beginning swimmer, or a year-round competitor, the Spindletop Barracudas have a great deal to offer. The following section provides practice times as well as pertinent dates for upcoming Swim & Dive Team activities. There are ample opportunities for swim and dive team parents to volunteer their time and talents. If you have any questions, feel free to email Russ Thomason, parent volunteer, at [kycuda@twc.com](mailto:kycuda@twc.com). Once the season begins, Swim Coach Asha Reed can be reached at [areed@spindletophall.org](mailto:areed@spindletophall.org) and Dive Coach, Jamie Palumbo can be reached at [jpalumbo@spindletophall.org](mailto:jpalumbo@spindletophall.org).



### REGISTRATION



To register scan the QR code above or go to [www.spindletopbarracudas.swimtopia.com](http://www.spindletopbarracudas.swimtopia.com)

Complete the registration forms on the homepage.

### Fees

The fees for the 2023 season are as follows:

**Early registration before April 15: \$155**

**Registration April 15 - May 13: \$180**

**Registration after May 13: \$205**

**\$10 off for siblings up to 3**

The fee includes a Cudas T-shirt, swim cap and a ticket to Hot Dog Day/Spirit Day.

### Practice Schedule

**The practices before school is out** will begin

May 15, Monday-Friday:

**10 & Under Swimming:** 7:00 pm to 8:00 pm

**11 and Over Swimming:** 6:00 pm to 7:00 pm

**10 & Under Diving:** 6:00 pm to 7:00 pm

**11 & Over Diving:** 7:00 pm to 8:00 pm

**Morning practices** will begin **Saturday, May 27** and will be every Monday, Tuesday, Thursday, Friday and Saturday through July 8 once school is out. (*No practice on Memorial Day*)

**Swimming\* 11 and over:** 8:30 am to 10:00 am

**9-10:** 9:45 am to 11:00 am

**8 and under:** 10:45 am to 11:30 am

**Diving\* 11 and over:** 10:00 am to 11:00 am

**9-10:** 11:00 am to 11:45 am

**8 and under:** 11:45 am to 12:30 pm

(*Diving Boards will be open to Members at 12:30 pm*)



*\*Practice Schedules are subject to adjustments according to swimmer's ability and to numbers of swimmers in each group. First 15 minutes will be stretches and dry land.*

## Mini Cudas Developmental Program:

**The Swimming Mini Cudas** is a developmental and preparatory program for beginning swimmers who are not quite ready for the Barracudas competitive team. Children must be comfortable in the water and be able to swim several feet on their own to participate. Parents will not be able to be in the water with their child. These aspiring Barracudas can be promoted to the competitive swim program once they have mastered specific skills. As Swimming Mini Cudas do not participate in meets, parents are not required to sign up to volunteer unless your child is invited to join the full team. The Barracuda Head Coach will make the final decision as to placing a child on the competitive team. The program lasts two weeks. There are **8 lessons** with a make-up day if necessary. Lessons are on **Monday, Wednesday, Friday and Saturday at 9:00 am to 9:30 am or 9:30 am to 10:00 am**. There will be three sessions offered: **May 30 through June 10, June 12 through June 24 and June 26 through July 8**.

**The cost is \$80** for the two-week session and includes a Barracuda T-shirt.

*Any questions regarding Swimming Mini Cudas can be sent to Coach Maya at [minicudas@spindletophall.org](mailto:minicudas@spindletophall.org). The first session will start on a Tuesday because Monday, May 29 is Memorial Day.*

**The Diving Mini Cudas** is for inexperienced divers who are transitioning to the dive team but are not quite ready for the competitive team. The Diving Mini Cudas must be able to jump off the boards and swim to the ladder without assistance. Divers who can execute at least one dive off the boards unassisted will be placed on the competitive dive team. All others should sign up for the diving Mini Cudas where these aspiring young divers will learn proper technique and skills from our team coaches. The program lasts two weeks. There are **8 lessons** with a make-up day if necessary. Lessons are on **Monday, Tuesday, Friday and Saturday**. There will be two sessions offered: **May 30 through June 10 and June 12 through June 24 from 12:30 pm to 1:15 pm**. **The cost is \$80** for the two-week session and includes a Barracuda T-shirt.

*Any questions regarding Diving Mini Cudas can be sent to Coach Kyndal at [kyndalknight@gmail.com](mailto:kyndalknight@gmail.com). The first session will start on a Tuesday because Monday, May 29 is Memorial Day.*

Children who would like to participate in both Swim Mini Cudas and Dive Mini Cudas can do so for a **discounted rate of \$130** for both sessions. Participants must enroll in both swim and dive during the same two-week session to receive the reduced rate.

**All Mini Cuda participants will be required to log in to the Swimtopia app to sign up.**

## 2023 CKSDC Championship and Meets

All Information on Meets, Schedules, Meet Sign-outs, Volunteer Sign-ups and questions you may have, can be done in one place on the app **SWIMTOPIA**.

ALL ELIGIBLE SWIMMERS AND DIVERS should participate in the CKSDC Conference Championship Meet. It is the culmination of our season and the most fun meet of the summer! To be eligible to participate in this meet, swimmers have to be in at least two swim meets and divers need to be in at least two meets, one of which has to be dive.

### Spindletop Meets (Tentative)

May 31: HOME / Georgetown  
June 7: AWAY / Lexington CC  
June 14: AWAY / Hartland  
June 21: HOME / Signature  
June 28: HOME / Winchester CC  
July 5: AWAY / Idle Hour CC

### The 2023 Central Kentucky Swim and Dive Conference Championship/ July 9 - 12

July 9: The Diving Competition  
July 10: Swimming 10 and Under  
July 11: Swimming 11 and Over  
July 12: Championship - Swimming Finals

# SWIMMING & DIVING

## Barracuda Swim & Dive School

### Private Lessons

Private lessons are available by reservation from our qualified coaching staff.

### Swimming

Classes are available for children and adults who need to learn to swim, who want to become more comfortable in the water, who want to improve their stroke technique, or just have some one-on-one instruction to improve their skills. Sign up for swim lessons by contacting Coach Riette at [swimlessons@spindletophall.org](mailto:swimlessons@spindletophall.org)

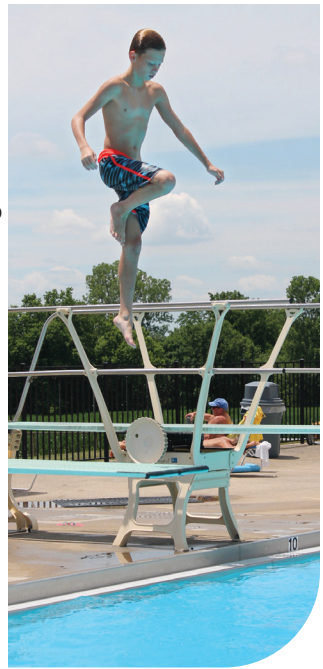
**Rates: 2 or less swimmers of similar ability level \$20 per half hour.**

### Diving

Private lessons are also available for diving. Contact Head Dive Coach Jamie Palumbo at [jpalumbo@spindletophall.org](mailto:jpalumbo@spindletophall.org) or Assistant Dive Coach Kyndal Knight at [kyndalKnight@gmail.com](mailto:kyndalKnight@gmail.com). **Rates: \$30 per half hour lesson with Jamie, \$15 for each additional diver; \$25 per half hour lesson with Kyndal.**

### Dive Clinic

Offered by two-time Olympian Jules Vincent. Contact Jules at [julesvincent10@outlook.com](mailto:julesvincent10@outlook.com). **\$50 for 1 two-hour session.** 6 maximum in the group.



## Barracuda Swim and Dive Team Events\*

**April 30** Meet the Cudas Day: Swimsuit Try-on Night and New Parent Meeting

**May 15** First Evening Practice

**19** Team Picnic Night

**27** First Morning Practice / Hot Dog Day / Parent Meeting

**29** Memorial Day / No Practice

**June 10** Cuda Fun Day / Bring a Friend

**22** Photo Day/Kings Island Trip

**24** Lost & Found Fashion Show / Cuda Talent Show

**July 4** No Practice

**8** Barracuda Spirit Day

**8** Pre-Conference Dive Party

**9-12** Conference

**12** Victory Party

**13** Barracuda Banquet

\*Reservations are required and can be made online at [www.spindletophall.org](http://www.spindletophall.org) or by phone : 859-255-2777



# OUTDOOR CLUB EVENTS



**Memorial Day Monday, May 29**  
**Independence Day Tuesday, July 4**  
**Labor Day, Monday September 4**

Your Club is the place to be on the Holidays. Family-friendly Buffets will be available on the Veranda in addition to the Tiki Bar & Grill and the Cuda Cove Snack Barn food offerings. Veranda seating is available. The mansion and Roxie's are closed on these holidays. **12 pm – 2 pm**

**Adults: \$20++, Children 6-11: \$15++, 3-5: \$10++, 0-2 Complimentary**

**Live Music poolside by Sorry Atari / 12 - 4 pm**

**Kids Games and Slip 'N Slide on the Lawn / 1 pm**



## Nerf Blasters

**Monday, September 4, 3 pm**

Bring your own Nerf Blaster. All participants will receive a set of foam darts so they can enjoy an obstacle course, hitting target boxes and team challenges. **No Charge!**



## Annual Pumpkin Fest

**Sunday, September 24, 1 pm – 4 pm**

The Club at UK's Spindletop Hall, in partnership with the UK Alumni Association, presents a fun afternoon for the whole family with lots of activities.

## 2023 CKSDC Championship Meet

Come to The Club and support your Spindletop Barracudas. The 2023 Central Kentucky Swim and Dive Conference Finals will be held July 9 -12.

## Bluegrass State Games

**July 28-30**

Spindletop will be hosting the Bluegrass State Games Pickleball Tournament. Come out and play or cheer on your fellow Members as they compete on their home court.

## Outdoor Movie Nights

Movies Begin at Dusk. Tiki Bar Open.

**May 28 Lawn**

**June 16 Poolside**

**July 21 Poolside**

**August 11 Poolside**

**September 3 Lawn**

## Doggy Swim

**Tuesday, October 3**

Bring your dogs to enjoy the pool before it is closed for the season.



## Family Campouts

**Sunday, May 28 & Sunday, September 3**

Tents can be pitched from 3 pm onwards. There will be a cookout, s'mores, a movie on the lawn, continental breakfast, and loads of fun. Reservations are required.

**\$25++ per person**

# PRIVATE AND SPECIAL PARTIES

## Book Your Outdoor Party

Contact Rebecca Dieterick, Special Events Coordinator, at

[rdietterick@spindletophall.org](mailto:rdietterick@spindletophall.org) or call 859-255-2777 to book your outdoor party.

The Club at UK's Spindletop Hall can cater corporate outings, family pool parties, picnics and more. The grounds and pool facilities can be rented on Mondays for large outings complete with food service and organized activities. The Member must be in attendance at the function and is responsible for the conduct of their guests in following the rules and regulations regarding the use of the facilities. For teen or college parties, one chaperone must be present for each 10 guests. The pool facilities are not available for rental on any holiday. Refer to the map on page 19.

## Picnic Areas and Outdoor Rental Rates

Club Members using the outdoor facilities are asked to please help keep the Club's grounds clean and attractive. Your continued effort in the preservation of UK's Spindletop Hall and its environment is greatly appreciated by all.



### "The Grove" Picnic Area

The Grove is located by the Family Pool, nestled under shade trees and set up with picnic tables. A variety of food service options are available from the Club. Outside caterers are not permitted. To reserve the area and to make food service selections, call The Club's Special Events at 859-255-2777. Rental fees can be waived by meeting the food and beverage minimum and making 50% deposit two weeks prior to your event.

1 - 25	<b>\$150</b>
26 - 50	<b>\$250</b>

*(Over 50 people will require additional charges for the rental of tables and chairs.)*

The Grove rental includes use of the tennis courts, the basketball court and the playground when not in use by Members. Guest fees apply for pool use.



### "The Woodlands" Picnic Area

Just drive past the front of the Mansion and go to the back of the parking lot located behind the carriage house. There are 12 picnic tables located in this area as well as a volleyball net. (Volleyballs can be obtained from the Family Pool Life Guard Hut.) This area is established for the purpose of accommodating larger picnic groups. A variety of food service options are available from the Club. Outside caterers are not permitted. To reserve the area and to make food service selections, call The Club's Special Events at 859-255-2777. Rental fees can be waived by meeting the food and beverage minimum and making 50% deposit two weeks prior to your event.

1 - 50 guests	<b>\$200</b>
51 - 100 guests	<b>\$300</b>
101 - 150 guests	<b>\$400</b>

*(Over 100 people will require additional charges for rental of tables and chairs)*

The Woodlands rental includes use of the tennis courts, basketball court and the playground when not in use by Members. Guest fees apply for pool use.

# PRIVATE AND SPECIAL PARTIES



## Tiki Bar & Grill

Available only during the days specified below.

**\$400 rental** includes set-up, bartenders and chefs. Not available on Holidays or during the regular hours of operation during the swim season.

### Available:

**June – August (Except July 4)**  
Monday – Thursday  
(Pools open)

**September – October**  
Monday – Friday  
(Pools closed)

**Weather permitting.**

## Private Family Pool Parties

Available Monday – Sunday: 7 pm – 9 pm

Prices below are for a 2-hour rental.

1 - 25 guests **\$325**

26 - 50 guests **\$425**

51 - 100 guests **\$525**

Not available on Holidays. A certified lifeguard is included in the rental.

## Member Picnic Area

This area, located by the playground, is for the sole use of The Club at UK's Spindletop Hall Members at any time on a first come basis. Members may use this picnic area for parties of 16 or fewer guests. The canopied picnic tables can be reserved for **\$150**. Contact Rebecca Dieterick at [rdietterick@spindletophall.org](mailto:rdietterick@spindletophall.org) or call 859-255-2777.



# ADDITIONAL CLUB ACTIVITIES



## Pickleball

Led by Jonathan Thompson and Jack Ebel. This summer, your Club is excited to offer professional pickleball coaching from Trevar Sizemore.

New players are WELCOME.  
No experience necessary.

## Beginner/New Player Clinic:

Saturday, May 20 / 1 pm

## Pickleball Round-Robin

May 14 through Labor Day /  
\$50 for the season

Monday & Thursday: 6 pm - 7:30 pm  
Sunday: 2 pm

For more information or to sign up for the round robin season contact:

[jthompson@spindletophall.org](mailto:jthompson@spindletophall.org) or  
[jebel@spindletophall.org](mailto:jebel@spindletophall.org)

To schedule private lessons and clinics, contact Trevar at:

[trevarsizemore@gmail.com](mailto:trevarsizemore@gmail.com)



## Trevar Sizemore Pickleball Coach

Trevar traded in his tennis racquet for a pickleball paddle 4 years ago and hasn't looked back since. His passion for pickleball has led him to compete in numerous

tournaments around the country. Amongst his accomplishments are winning the 5.0 mens doubles division at APP Cincinnati and placing 3rd at PPA Charlotte in 2022. Trevar began coaching in 2021, completing the PCI certification course and offering clinics at the Bluegrass Racquet Club. His services range from beginner lessons to coaching tournament level players in both private and group settings.



## Water Aerobics

Led by Susan Bradley Cox in the heated Family Pool. There will be two sessions per week for five weeks.

Every Monday and Wednesday  
or Tuesday and Thursday

**Session One: May 15**

**Session Two: June 19**

**Session Three: July 24**

**Session Four: August 28**

9:00 am – 10:00 am

**Members \$70 / Guests \$100**

**Call 859-255-2777 to participate.**

## Basketball, Volleyball

There is a basketball court and a volleyball court close to the pools for your use at any time. Two other volleyball nets are available on the grounds.

## Cornhole

Cornhole boards are always available for your use on the grass in front of the Tiki Bar and Grill.

## Children's Playground

The children's expansive playground is on the back lawn between the Cuda Cove and Pickleball Courts.

## Biking and Running

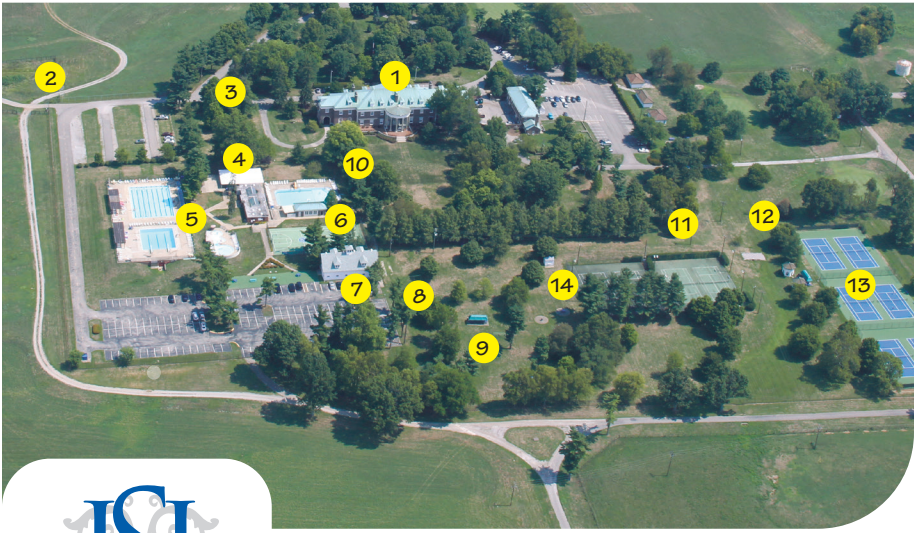
Spend the day surrounded by nature, getting physically and mentally fit and enjoying your Club grounds and private access to the eight mile stretch of unparalleled beauty that is the Lexington Legacy Trail.

## Bike Rental

Your Club will again offer a bike rental program for our Members who would like to ride the trail who may not own a bike. "A Lifetime of Memories" awaits you at your Club and on the Legacy Trail.

**\$10 per day; \$5 per 4 hours; 10 am-7 pm**

# YOUR MAP TO OUTDOOR FUN!



THE CLUB AT UK'S  
SPINDELETOP HALL

- 1 Spindletop Hall
- 2 Legacy Trail Entrance
- 3 Bike Rental
- 4 Tiki Bar & Grill
- 5 Swimming Pools
- 6 Basketball Court
- 7 "Cuda Cove" Snack Barn
- 8 Children's Playground
- 9 Family Picnic Area
- 10 "The Grove" Picnic Area
- 11 "The Woodlands" Group Picnic Area
- 12 Volleyball Net
- 13 Tennis Courts
- 14 Pickleball Courts

## Jack Ebel

**Outdoor Recreation  
and Facilities Director**

[jebel@spindletophall.org](mailto:jebel@spindletophall.org)

Jack Ebel served as Director of Athletics for 7 years at Transylvania University. Prior to that position, he was the men's and women's swim coach for 28 years and the men's and women's tennis coach for 22 years. He created Transylvania's swim lessons program and all-sports camp and served as director of both for 23 years. Jack's career started as an elementary physical education teacher. He is an avid tennis and pickleball player. Jack's wife, Penny, and daughters, Megan and Taylor, have been Members of Spindletop since 1990.



# FAMILY SUMMER BARBECUE

**SAVE THE DATE!**

**Saturday, August 12, 6:30 pm**

Mouth-watering barbecue, a bluegrass band, fun lawn games and inflatables for the kids ensure a fun-filled evening on the back lawn.

**Adults: \$40++, Children 6-11: \$20++,  
3-5: \$10++**



THE CLUB AT UK'S  
SPINDLETOP HALL

3414 Iron Works Pike  
Lexington, KY 40511

Prsrt Std  
U.S. Postage  
PAID  
Permit No. 850  
Lexington, KY