

Ryle Swim Team Information 2019-2020 Season

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Practice Schedule

Swim begin Monday, Oct 7 at Silverlake

Monday 7:45 – 9:30 pm (7th – 12th dryland & swim practice)
Wednesday 7:30 – 8:30 pm (6th graders and new 7th & 8th graders)
Wednesday 8:15 – 9:30 pm (7th – 12th swim practice)
Thursday 7:45 – 9:30 pm. (7th – 12th dryland & swim practice)

Diving begins Tuesday, Oct 8 at NKU 4:30 – 6 pm

Cost

\$35 Athletic Fee (this is waived if you already paid it for a 2019 fall sport)
\$40 6th graders
\$90 Grades 7-12
\$40 Diving

*Any questions regarding fees, just reach out.

Equipment Needed (All these items can be found at Swimville in Ft Thomas)

- Practice Suit
- Goggles – Speedo Vanquishers are a good brand
- Swim Cap for practices

Team suits – we will have fittings at one of the earlier practices.

Team T-shirt (new this year) & Ryle swim caps will be provided.

Spirit wear will also be available and optional. Information sent out when available.

Communication/Information

Website: <https://rylehighschool.swimtopia.com>

- Online registration - this is required!
- General information
- Schedule
- Sign up for meets – this is required by you! We will send out reminders ahead of time. We cannot sign up your swimmer/diver without you completing this.

Emails: Will be sent out at least once a week with schedule changes, updated information, etc.

Facebook: "Ryle High School Swim Team"

Twitter: @ryle_swim

Alerts (Texts): Download the Swimtopia app and turn on your notifications. This is where we will send out quick information.

Required Forms

All these forms are on the website. Registration & forms must be received by the FIRST practice. NO PRACTICE UNTIL REGISTRATION, PARTICIPATION & PHYSICAL ON FILE.

- Participation, Physical & Release Forms – **All pages** (Please turn in 3 copies)
- Drug/Alcohol Pledge (this is electronically completed during online registration)
- Athletic Handbook Acknowledgement (this electronically completed during online registration)
- Silverlake Form

Volunteering/Fundraising:

To help alleviate the cost of lane rental at Silverlake and meet entries, we need to fundraise! Our main source of fundraising is helping with parking at all home football games and any playoff games Ryle hosts. It only takes a couple hours and you get into the game for free. We have also been asked to help park at Florence Speedway occasionally.

Volunteering is required of each family! Whether you work a football game or help time at a meet, we need you! Additional help may be needed throughout the year for different functions. Watch for emails and please help where you can.

Banquet:

There will be a banquet at the end of the year. We like to celebrate our athletes! This is the first time in many years that we will have so many seniors participating. At the banquet, seniors are asked to give a short speech and given a gift from the team. In order to participate, senior swimmers must compete in at least 2 meets.