

**Peninsula Athletic League  
Boys & Girls Swimming 2015  
All League**

**Boys Varsity  
Division: Bay**

<u>Swimmer of the Meet</u>	<u>School</u>	<u>Year</u>
Alessio Iacovone	Burlingame	Senior

**First Team**

Josh Camerino	Carlmont	Frosh
Nico Camerino	Carlmont	Senior
Alex Chan	Carlmont	Junior
Michael Cordova	Terra Nova	Senior
Zach Goland	Menlo-Atherton	Senior
Alessio Iacovone	Burlingame	Senior
Scott Kuhnen	Menlo-Atherton	Senior
Michael Ma	Sequoia	Junior
Justin Sasano	Burlingame	Junior
Elias Sebti	Carlmont	Senior
Jack Tedesco	Menlo-Atherton	Junior
Gordon Williams	Menlo-Atherton	Senior

**Second Team**

William Amundsen	Terra Nova	Junior
Jack Beasley	Menlo-Atherton	Junior
Jose Bermudez	Terra Nova	Junior
Philip Bondar	Terra Nova	Senior
Noah Dearborn	Sequoia	Junior
Max Ferenczy	Menlo-Atherton	Frosh
Andrea Gaini	Menlo-Atherton	Senior
Spencer Gran	Menlo-Atherton	Junior
Cameron Ho	Carlmont	Frosh
Pierre Llorach	Carlmont	Senior
Matheus Santos	Menlo-Atherton	Senior
Stuart Vickery	Carlmont	Soph

**Girls Varsity  
Division: Bay**

<u>Swimmer of the Meet</u>	<u>School</u>	<u>Year</u>
Teresa Tang	Burlingame	Soph
Kierstin Ikeda	Sequoia	Soph

**First Team**

Ashley Bianchi	Burlingame	Soph
Kate Denend	Menlo-Atherton	Soph
Kristen Denney	Carlmont	Senior
Faith Dunn	Menlo-Atherton	Soph
Claire Haldeman	Menlo-Atherton	Soph
Kierstin Ikeda	Sequoia	Soph
Mary Lane	Menlo-Atherton	Junior
Sophie Murff	Menlo-Atherton	Soph
Stephanie Saisi	Burlingame	Senior
Teresa Tang	Burlingame	Soph
Maddie Worden	Menlo-Atherton	Junior
Alison Yanacek	Sequoia	Junior

**Second Team**

Sophia Goland	Menlo-Atherton	
Abby Hartzell	Sequoia	Junior
Emma Kaufman	Menlo-Atherton	Junior
Megan Mathews	Menlo-Atherton	Soph
Evalynna Ong	Burlingame	Junior
Caroline Pease	Burlingame	Frosh
Tori Rarick	Menlo-Atherton	Frosh
Marissa Shepard	Menlo-Atherton	Soph
Elizabeth Staton	Carlmont	Senior
Weilin Tan	Burlingame	Junior
Megan Tao	Carlmont	Soph
Karilin Yiu	Mills	Soph

**Peninsula Athletic League  
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**Boys Varsity  
Division: Ocean**

<u>Swimmer of the Meet</u>	<u>School</u>	<u>Year</u>
Karl Arvidsson	Woodside	Soph

**First Team**

Joseph Maffei	Hillsdale	Soph
Christian Rosier	Hillsdale	Soph
Erik Garcia	Hillsdale	Senior
Nicholas Tan	El Camino	Frosh
Trevor Collet	Woodside	Frosh
Nathaniel Yip	El Camino	Frosh
Ben Baetiong	El Camino	Frosh
JR Refuerzo	El Camino	Junior
Avery Giles	Woodside	Frosh
Stephen Lee	Westmoor	Junior
James Coleman	South San Francisco	Soph
James Hu	El Camino	Junior

**Second Team**

Matthew Huang	Capuchino	Junior
Jackson Crane	Half Moon Bay	Senior
Alexander Davis	Capuchino	Senior
James Connolly	Woodside	Junior
Ethan Low	San Mateo	Frosh
Luan Bezerra	Capuchino	Junior
Kieran Latham	Woodside	Junior
Malcolm Feix	Half Moon Bay	Junior
Mike Tyler	Half Moon Bay	Senior
Thomas Goldberg	Woodside	Junior
North Cossman	Half Moon Bay	Soph
Brendan Garrison	Half Moon Bay	Senior

**Girls Varsity  
Division: Ocean**

<u>Swimmer of the Meet</u>	<u>School</u>	<u>Year</u>
Larisa Tam	San Mateo	Soph

**First Team**

Michelle Karpishin	Hillsdale	Junior
Julia Hansen	San Mateo	Senior
Gabriela Montoya Aboundis	Woodside	Senior
Sarah Stretch	Half Moon Bay	Senior
Kiona Lum	South San Francisco	Frosh
Elisa Fabian	Woodside	Soph
Natalie Ken	San Mateo	Soph
Peony Lum	El Camino	Frosh
Vera Tang	El Camino	Frosh
Nicole Greenberg	Woodside	Frosh
Nicole Chang	San Mateo	Frosh
Ellie Henretty	Half Moon Bay	Junior
Maya Gotthard	Woodside	Frosh
Jennifer Isomatsu	Hillsdale	Frosh

**Second Team**

Lotus Lum	El Camino	Junior
Julia Loegering	Half Moon Bay	Senior
Carly Hilvert	Half Moon Bay	Frosh
Isabelle Couch	Woodside	Frosh
Terez Touhey	Woodside	Junior
Johanna Hom	Westmoor	Soph
Sophie Dachauer	Hillsdale	Senior
Nicole Tai	Westmoor	Frosh
Rose Umeda	Hillsdale	Soph
Andrea Flores	El Camino	Frosh
Priscilla Law	San Mateo	Senior
Caroline Wong	Westmoor	Junior
Michele Reynaud	San Mateo	Senior

**PENINSULA ATHLETIC LEAGUE  
BOYS SWIMMING CHAMPIONSHIP MEET  
2015**

<b>Division: Bay</b>	<b>Varsity</b>	<b>Boys</b>	
<b><u>Event</u></b>	<b><u>Swimmer</u></b>	<b><u>School</u></b>	<b><u>Time</u></b>
200 Medley Relay	Jak Tedesco/Jr Scott Kuhnen/Sr Gordon Williams/Sr Matheus Santos/Sr	Menlo-Atherton	1:39.99
200 Freestyle	Nick Camerino/Sr	Carlmont	1:44.53
200 Individual Medley	Michael Ma/Jr	Sequoia	1:59.27
50 Freestyle	Alessio Iacovone/Sr	Burlingame	21.32
100 Butterfly	Michael Ma/Jr	Sequoia	52.77
100 Freestyle	Alessio Iacovone/Sr	Burlingame	48.11
500 Freestyle	Zach Goland/Sr	Menlo-Atherton	4:49.64
200 Freestyle Relay	Elias Sebti/Sr Lukas Kelly/Jr Pierre Llorach/Sr Alex Chan/Jr	Carlmont	1:29.97
100 Backstroke	Jak Tedesco/Jr	Menlo-Atherton	56.03
100 Breaststroke	Scott Kuhnen/Sr	Menlo-Atherton	1:02.12
400 Freestyle Relay	Stuart Vickery/So Alex Chan/Jr Josh Camerino/Fr Nico Camerino/Sr	Carlmont	3:15.47

**PENINSULA ATHLETIC LEAGUE  
BOYS SWIMMING CHAMPIONSHIP MEET  
2015**

<b>Division: Ocean</b>	<b>Varsity</b>	<b>Boys</b>	
<b><u>Event</u></b>	<b><u>Swimmer</u></b>	<b><u>School</u></b>	<b><u>Time</u></b>
200 Medley Relay	Nicholas Tan/Fr Nathaniel Yip/Fr JR Refuerzo/Jr Ben Baetiong/Fr	El Camino	1:40.95
200 Freestyle	Christian Rosier/So	Hillsdale	1:48.87
200 Individual Medley	Karl Arvidsson/So	Woodside	1:58.89
50 Freestyle	Joseph Maffei/So	Hillsdale	23.23
100 Butterfly	Trevor Collet/Fr	Woodside	53.72
100 Freestyle	Joseph Maffei/So	Hillsdale	50.47
500 Freestyle	Nicholas Tan/Fr	El Camino	4:49.29
200 Freestyle Relay	Nicholas Tan/Fr Nathaniel Yip/Fr JR Refuerzo/Jr Ben Baetiong/Fr	El Camino	1:31.35
100 Backstroke	Erik Garcia/Sr	Hillsdale	54.11
100 Breaststroke	Karl Arvidsson/So	Woodside	1:00.44
400 Freestyle Relay	Christian Rosier/So Dennis Lui/So Joseph Maffei/So Erik Garcia/Sr	Hillsdale	3:28.24

PENINSULA ATHLETIC LEAGUE  
GIRLS SWIMMING CHAMPIONSHIP MEET  
2015

<b>Division: Bay</b>	<b>Varsity</b>	<b>Girls</b>	
<u>Event</u>	<u>Swimmer</u>	<u>School</u>	<u>Time</u>
200 Medley Relay	Maddie Worden/Jr Claire Haldeman/So Emma Kaufman/Jr Tori Rarick/Fr	Menlo-Atherton	1:53.89
200 Freestyle	Kierstin Ikeda/So	Sequoia	1:55.67
200 Individual Medley	Faith Dunn/So	Menlo-Atherton	2:16.11
50 Freestyle	Teresa Tang/So	Burlingame	24.78
100 Butterfly	Claire Haldeman/So	Menlo-Atherton	59.36
100 Freestyle	Kierstin Ikeda/So	Sequoia	53.93
500 Freestyle	Mary Lane/Jr	Menlo-Atherton	5:26.22
200 Freestyle Relay	Maddie Worden/Jr Faith Dunn/So Sophie Murff/So Kate Denend/So	Menlo-Atherton	1:39.49
100 Backstroke	Teresa Tang/So	Burlingame	59.43
100 Breaststroke	Ashley Bianchi/So	Burlingame	1:07.75
400 Freestyle Relay	Faith Dunn/So Sophie Murff/So Claire Haldeman/So Kate Denend/So	Menlo-Atherton	3:42.34

**PENINSULA ATHLETIC LEAGUE  
GIRLS SWIMMING CHAMPIONSHIP MEET  
2015**

<b>Division: Ocean</b>	<b>Varsity</b>	<b>Girls</b>	
<b><u>Event</u></b>	<b><u>Swimmer</u></b>	<b><u>School</u></b>	<b><u>Time</u></b>
200 Medley Relay	Nicole Chang/Fr Larisa Tam/So Julia Hansen/Sr Natalie Ken/So	San Mateo	1:54.70
200 Freestyle	Kiona Lum/Fr	South San Francisco	2:04.78
200 Individual Medley	Larisa Tam/So	San Mateo	2:10.57
50 Freestyle	Gabriela Montoya Aboundis/Sr	Woodside	26.23
100 Butterfly	Julia Hansen/Sr	San Mateo	1:02.21
100 Freestyle	Sara Stretch/Sr	Half Moon Bay	55.13
500 Freestyle	Michelle Karpishin/Jr	Hillsdale	5:16.32
200 Freestyle Relay	Nicole Chang/Fr Natalie Ken /So Julia Hansen/Sr Larisa Tam So	San Mateo	1:44.79
100 Backstroke	Michelle Karpishin/jr	Hillsdale	59.96
100 Breaststroke	Larisa Tam/So	San Mateo	1:05.77
400 Freestyle Relay	Ellie Henretty/Jr Julia Loegering/Sr Kiyomi O'Connell/Sr Sara Stretch/Sr	Half Moon Bay	4:02.18