



2026 Selah Dolphins Swim Schedule

<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>
May 2	8:00 -12:00	Pool Clean up
May 2	10:00 -12 pm	Swimsuit Try On - Selah Aquatic Center
5/29, 5/31	4:30 to 6:00 pm	Swim Test for new swimmers
6/6 and 6/7	10:00 to 4:15	Fitter and Faster- Selah Aquatic Center
TBD	TBD	Stroke Judge Clinic
6/1	4:00-5:00 pm	FIRST AFTERNOON PRACTICE (12 & Under)
	5:00-6:30 pm	FIRST AFTERNOON PRACTICE (13 & Up)
6/4	5:00 pm	Welcome Ice Cream Social
6/10	7:00 - 8:30 am	First MORNING practice (13 & Up)
	8:30 - 9:30 am	First MORNING practice (9 to 12)
	9:30 to 10:30	First MORNING practice (8 and under)
6/9	6:30 pm	Selah vs. Sunnyside @ Selah
6/11	6:30 pm	Selah vs. Grandview @ Grandview
6/16	6:30 pm	Selah vs. Naches @ Selah
6/18		Bye
6/23		Bye
6/25	6:30 pm	Selah vs. Othello @ Selah (virtual)
6/30	6:30 pm	Selah vs. Prosser @ Prosser
7/2	6:30 pm	Selah vs. Grandview @ Selah
7/7	6:30 pm	Selah vs. Naches @ Naches
7/9		Bye
7/10-12	TBD	AAU Regionals - TBD
7/14	5:30 pm	SWIM-A-THON
7/16	6:30 pm	Selah vs. Othello @ Selah (virtual)
7/21	6:30 pm	Selah vs. Prosser @ Selah
7/22	6:30 pm	Selah vs. Sunnyside @ Sunnyside
7/23	6:00 - 8:00pm	Awards Potluck - Wixon Park
7/24-7/26		Mid-Valley League Championships @ Naches

