

How to Read a Heat Sheet

The heat sheet is a program that shows the participating swimmers and which events they are assigned to swim as well as the heat and lane they are assigned. Heat sheets are posted on the website (under the schedule tab next to the meet name) on the Friday before each meet. You will want to print a copy and bring it with you to the pool - extra copies are not available at the pool for purchase. It's very helpful to highlight your swimmer's name to help keep track of their events.

A

Event 1 Girls 8 & Under 25 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
2	Dannhoff, McKenna R	5	WEST WI	NT
3	Vega, Savannah	7	WEST-WI	NT
4	Kolton, Julia	8	WEST-WI	NT
5	Rogan, Ali	8	WEST WI	NT
6	Loomis, Mary	6	WEST-WI	NT
Heat 2 of 2 Finals				
1	VanHorn, Mary E	8	WEST WI	27.44
2	Walencyzk, Mollie L	8	WEST-WI	23.81
3	Wilson, Stephanie	8	WEST-WI	21.72
4	Beyer, Grace K	8	WEST-WI	18.23
5	Lorincz, Kaylee A	8	WEST-WI	20.52
6	Bruckner, Christina M	8	WEST-WI	22.06
7	Carlson, Abby G	5	WEST WI	25.40
8	Farrell, Carlyn B	6	WEST-WI	41.46

C

A - Event Number, gender, age, distance and stroke

B - Listing of swimmers - Heats are ordered slowest to fastest. Slower swimmers are in the outside lanes, while faster swimmers are in the center lanes.

C - NT means there is no recorded time for this event. Otherwise, the swimmers best time is entered.

Event Number - Events are broken down by gender, age group, distance and stroke. There are 87 events at each meet.

Heat Number - In each event there are multiple heats depending on how many swimmers are signed up to swim that event. Each heat will have up to 8 swimmers depending on the size of the pool. Heats of each event will get progressively faster (i.e. the last heat of each event usually has the fastest swimmers based on seed times).

Lane Number - This will tell you which lane your swimmer is assigned to swim in. Lanes are assigned based on seed times, with the fastest swimmers in the center of the pool.

Seed Time - This is the fastest time a swimmer has swum an event so far this season. This time will be used to determine the heat and lane placement of the swimmer. An "NT" listed means no legal time has been recorded so far this season for that swimmer.

Changes to the heat sheet will be made the morning of the meet! Typically these changes will only affect relays based on swimmers who don't arrive on time or do not attend. Races may also be combined in order to speed up the meet. For example, if we have a heat of 3 girls swimming the 25 fly in the 7-8 group and 3 boys swimming the same event in the same age group - we will combine these two heats into one heat to save time. The announcer will say if heats are combined. Please pay attention when it gets close to the time of your swimmer's events.

How to Read Medley Relays - the medley relays are swum in the order of 1) backstroke, 2) breaststroke, 3) butterfly, 4) freestyle. In this example, Nicholas will swim backstroke, Keith will swim breaststroke, Ryan will swim butterfly and Chris will swim freestyle. Relay teams are assigned letters (A, B, C, etc depending on number of relays entered) with A containing the faster swimmer in each stroke.

Event 4 Boys 9-10 200 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 Finals			
1	LAKY-OH	D	NT
	McDonnell, Alex, 10	Wilson, Tim 10	
	James, Benjamin 10	Martin, Justin 9	
2	LAKY-OH	B	3:37:47
3	Collins, Tyler 9	Littig, Matthew 10	
	Hawkins, Garrett 9	Anderson, Brady 10	
4	LAN-OH	A	NT
	Wolf, Nicholas 10	Miller, Keith 9	
	Anthony, Ryan 10	Carlin, Chris 9	
5	LAKY-OH	A	3:13:97
	Sepela, Jacob 10	Martin, Tommy 10	
	Lasance, Eric 9	Phillips, Tyler 10	

Heat number → Heat 1 Finals

Lane number → 3

Swimmer 1 → Wolf, Nicholas 10

Swimmer 2 → Miller, Keith 9

Swimmer 3 → Anthony, Ryan 10

Swimmer 4 → Carlin, Chris 9