

# WELCOME to the Cedar Park Typhoons!

Now that you have joined the TYPHOON family here is some important information to help you become more familiar with our policies and help our team succeed in 2014!

### Typhoon Policy Highlights

- 1) Every swimmer is required to have one parent/guardian at every meet at all times for safety reasons.
- 2) Swimmers and parents must be checked in on time at meets.
- 3) Every swimmer is required to have one parent/guardian volunteer for a minimum of one parent position at every meet. Families with multiple children, are encouraged but not required, to volunteer for more than one shift per meet.
- 4) Swimmers can be scratched from the current meet or future meets if lines one, two, and three are not met.
- 4) Refund policy is now in place. See details below.
- 5) Swimmers must have appropriate equipment to be successful. See below.
- 6) Minimum skill requirement: swimmers must be able to swim the length of the pool using any stroke.
- 7) Have Fun!!!

### Meet Safety

Swimmers are not to be left at meets unattended. During meets there must be a legally responsible adult present for each swimmer. Although, lifeguards and coaches are trained in first aid it is always best if parents are nearby in case of an emergency. For practice we strongly encourage parents of younger children to be at or nearby the pool. We also ask parents to refrain from interfering with practice, general policy is parents are to stay off of the "pool deck" and let the coaches handle the kids unless a coach requests parental assistance.

### Meet Check-in

Swimmers and parent volunteers are to be checked in on time. There is considerable pre-meet work before each meet scheduling 400+ swimmers into 5 events each. In order for the meet to start on time there is a deadline set for last minute changes and scratches. If swimmers/parents are not checked in by the deadline they will be scratched from the meet.

### Parent Positions (Volunteer Positions)

Parent involvement on our swim team is not only important it is a necessity. The Typhoons are a non-profit 100% parent run organization. When you commit your child to swim with the **CEDAR PARK TYPHOONS** swim team you are also committing yourself to the team as a "Volunteer" parent/guardian. To meet this need every swimmer is **required** to have one parent/adult volunteer for one parent position shift, at every meet, in order for the swimmer to compete. Families with multiple children are encouraged, but not required, to volunteer for more than one shift per meet. This policy may change if more volunteers are needed than we have parents to fill positions.

Why do we need parent positions/volunteers? We are members of a summer swim league. While we do charge a registration fee we are a non-profit organization. Our fees are only intended to cover the cost of equipment and coach's salaries. The board members are also volunteers and do not gain any profit from the registration fees. For parents who are new to the sport, you will soon learn that it takes a minimum of 120

parents to run a swim meet. Every position is critical to the function and success of the meet. If one parent is missing the swim meet is delayed until the position is filled.

What are our policies regarding parent positions? We require one volunteer from each family to sign up for a position. If your family chooses not to volunteer your swimmer may still participate in practice, but will not be eligible to compete at the meets. Please understand, we are not trying to be harsh, we simply do not have the funds to hire workers for the meets. This is the only way we can participate in the Northwest Swim Circuit meets without charging a much larger fee.

**How is this policy enforced?** Our volunteer coordinator will be checking in swimmers and volunteers the morning of every meet. If the swimmer does not have a parent volunteer checking in with them, the swimmer cannot be checked in to the meet.

**How does the volunteer system work?** We have a great number of positions available. You get to select your three preferable positions, they are assigned on a first come, first serve basis. The position you choose will be yours for the season. However, occasionally we need to move people around if a parent is sick, out of town etc. We all have to be flexible and work together in order for the meets to finish on time.

Why do the Typhoons not allow changing positions at every meet? Our home meets are held at Milburn Pool in Cedar Park. This pool opens to the public at 1pm. Our meets have to be complete and cleaned up by the time the pool opens. With such a rigid deadline, we need each volunteer to be an expert in their position. We pride ourselves on running a smooth meet and finishing well within our schedule. If our volunteers float between different positions, we lose time training parents. Also, it is a courtesy to our host when we are at away meets.

What about the other team? When we are at a meet, all teams competing bring volunteers. Each team provides timers, scorers, tent Parents, data checkers, judges, etc. This provides fairness so that neither team is accused of favoritism.

#### Isn't this an excessive number of volunteers?

If every family attends every meet we would probably have spare volunteers. However summer time is vacation time! Even with every family providing at least one volunteer we occasionally come up short. Extra volunteers are always appreciated.

## Refund Policy

<u>First time swimmers:</u> 6 & under, 7/8 age groups: after 2 weeks of practice, if coaches determine swimmer is not ready for summer swim league, swimmer will be refunded the original registration fee minus a \$75 fee which covers insurance fees, processing costs and coaching services.

<u>ALL swimmers:</u> may withdraw from the team and request a refund on or by the end of the second week of practice. Swimmers will be refunded the original registration minus a \$75 fee which covers insurance fees, processing costs and coaching services. After the second week of practice has concluded; absolutely NO refunds will be granted.

### Minimum Skill Requirement

Each swimmer must be able to swim the length of the pool without stopping, holding onto the side, holding onto a lane line or touching the bottom of the pool. The swimmer can use any stroke. The Typhoons coaches are not staffed for one on one swim lessons. If the swimmer is not able to meet this minimum requirement we recommend lessons at area swim schools like Nitros, the City of Cedar Park, or the YMCA. Our coaches are often available to provide one on one private swim lessons outside of normal Typhoon practice time.

### Equipment: What will my swimmer need?

Practice Suits (Girls One Piece/competition Tankini - no bikini's please, Boys: jammer competition)

Swim Meet Swim Suits: \*Official Team Suits

Goggles

Swim Fins (Lane Four swim store)
Official TYPHOONS swim team cap
Lime green practice cap

\*Note: Acceptable alternate to Official Team Suit are black one-piece competition suits for girls or black competition jammer/short suits for boys.

### Most importantly remember to have FUN!

We strive to provide a safe, healthy environment, in which our swimmers learn the value of competition, sportsmanship, teamwork and individual achievement. We view the fundamentals of hard work, regular practice, self-discipline, and goal setting as important life skills. And we firmly believe that we can have FUN while we achieve this!