

FRIDAY, JULY 9TH WARM-UP SCHEDULE

10 AND UNDER PRELIMINARIES SESSION

**SESSION 1
7:00 - 7:20 AM**

LANE 1	DALT
LANE 2	DALT
LANE 3	STH
LANE 4	STH
LANE 5	STH
LANE 6	STH
LANE 7	BRR
LANE 8	BRR

**SESSION 2
7:20 - 7:40 AM**

LANE 1	OOLT
LANE 2	OOLT
LANE 3	OOLT
LANE 4	OOLT
LANE 5	OOLT
LANE 6	OOLT
LANE 7	RBST
LANE 8	RBST

**SESSION 3
7:40 - 8:00 AM**

LANE 1	CGCC
LANE 2	CGCC
LANE 3	CGCC
LANE 4	FCLU
LANE 5	FCLU
LANE 6	FCLU
LANE 7	CGWS
LANE 8	CGWS

**SESSION 4
8:00 - 8:20 AM**

LANE 1	SMST
LANE 2	SMST
LANE 3	SMST
LANE 4	SMST
LANE 5	SMST
LANE 6	RDG
LANE 7	DOGS
LANE 8	CAT/CBB

11 AND OLDER PRELIMINARIES SESSION

**SESSION 1
11:45 AM - 12:05 PM**

LANE 1	DALT
LANE 2	DALT
LANE 3	DALT
LANE 4	DALT
LANE 5	FCLU
LANE 6	FCLU
LANE 7	CGCC
LANE 8	RDG

**SESSION 2
12:05 - 12:25 PM**

LANE 1	SMST
LANE 2	SMST
LANE 3	SMST
LANE 4	SMST
LANE 5	RBST
LANE 6	RBST
LANE 7	CBB
LANE 8	CAT

**SESSION 3
12:25 - 12:45 PM**

LANE 1	STH
LANE 2	STH
LANE 3	STH
LANE 4	STH
LANE 5	BRR
LANE 6	BRR
LANE 7	DOGS
LANE 8	DOGS

**SESSION 4
12:45 - 1:05 PM**

LANE 1	OOLT
LANE 2	OOLT
LANE 3	OOLT
LANE 4	OOLT
LANE 5	OOLT
LANE 6	OOLT
LANE 7	CGWS
LANE 8	CGWS

FINALS WARM-UP WILL BEGIN AT 5:00 PM

SATURDAY, JULY 10TH WARM-UP SCHEDULE

10 AND UNDER PRELIMINARIES SESSION

SESSION 1 7:00 - 7:20 AM		SESSION 2 7:20 - 7:40 AM		SESSION 3 7:40 - 8:00 AM		SESSION 4 8:00 - 8:20 AM	
LANE 1	DALT	LANE 1	OOLT	LANE 1	SMST	LANE 1	STH
LANE 2	DALT	LANE 2	OOLT	LANE 2	SMST	LANE 2	STH
LANE 3	CGCC	LANE 3	OOLT	LANE 3	SMST	LANE 3	STH
LANE 4	CGCC	LANE 4	OOLT	LANE 4	SMST	LANE 4	STH
LANE 5	CGCC	LANE 5	OOLT	LANE 5	CGWS	LANE 5	BRR
LANE 6	FCLU	LANE 6	RBST	LANE 6	CGWS	LANE 6	BRR
LANE 7	FCLU	LANE 7	RBST	LANE 7	RDG	LANE 7	CAT
LANE 8	FCLU	LANE 8	RBST	LANE 8	CBB	LANE 8	DOGS

11 AND OLDER PRELIMINARIES SESSION

SESSION 1 11:30 - 11:50 AM		SESSION 2 11:50 AM - 12:10 PM		SESSION 3 12:10 - 12:30 PM		SESSION 4 12:30 - 12:50 PM	
LANE 1	DALT	LANE 1	SMST	LANE 1	OOLT	LANE 1	STH
LANE 2	DALT	LANE 2	SMST	LANE 2	OOLT	LANE 2	STH
LANE 3	DALT	LANE 3	SMST	LANE 3	OOLT	LANE 3	STH
LANE 4	DALT	LANE 4	SMST	LANE 4	OOLT	LANE 4	CGWS
LANE 5	DALT	LANE 5	BRR	LANE 5	OOLT	LANE 5	CGWS
LANE 6	CGCC	LANE 6	BRR	LANE 6	OOLT	LANE 6	CAT
LANE 7	FCLU	LANE 7	RDG	LANE 7	RBST	LANE 7	DOGS
LANE 8	FCLU	LANE 8	CBB	LANE 8	RBST	LANE 8	DOGS

FINALS WARM-UP WILL BEGIN AT 4:15 PM